

New to Medicare Check List

During initial open enrollment which is 3 months prior to 65th birthday, month of 65th birthday, and 3 months after 65th birthday

Call for an appointment at Area Agency on Aging for assistance.

OR

- Sign up for Medicare if you're 65 or almost 65 and NOT receiving Social Security
- Make a decision about Social Security benefits
- Decide on Medicare Part B, if you are still working
- Choose a Medicare Health Plan also known as Medigap or Supplemental Insurance
- Compare and choose Medicare Part D (Drug Plan) plan
- Make an online account for Medicare
- Make an online account for Social Security

AREA AGENCY ON AGING
OF SOUTHWEST ARKANSAS
870-234-7410
agewithdignity.com



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Preventative services covered under Medicare Part-B

Did you know that Medicare Part B includes a “Welcome to Medicare” preventive visit along with a host of other preventative services?

During the first 12 months that you have Part B, you can get a “Welcome to Medicare” preventive visit. The visit includes a review of your medical and social history related to your health. It also includes education and counseling about preventive services, including certain screenings, shots or vaccines (like flu, pneumococcal, and other recommended shots or vaccines), and referrals for other care, if needed. When you make your appointment, let your doctor’s office know that you’d like to schedule your “Welcome to Medicare” preventive visit. You pay nothing for the “Welcome to Medicare” preventive visit if the doctor or other qualified health care provider accepts assignment.

Other services Include:

- Yearly “Wellness” visit
- Abdominal aortic aneurysm screening
- Alcohol misuse screening & counseling
- Bone mass measurement (bone density)
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular disease screenings
- Cervical & vaginal cancer screenings
- Colorectal cancer screenings
- Counseling to prevent tobacco use & tobacco-caused disease
- Depression screening
- Diabetes Prevention Program
- Diabetes screenings
- Diabetes self-management training
- Flu shots
- Glaucoma tests
- Hepatitis B shots
- Hepatitis B Virus infection screening
- Hepatitis C screening test
- HIV (Human Immunodeficiency Virus) screening
- Lung cancer screening
- Obesity screening & counseling
- Pneumococcal shots
- Prostate cancer screenings
- Sexually transmitted infection screening & counseling

For more information on these and other Medicare services, go to [medicare.gov](https://www.medicare.gov) or download the ‘What’s covered’ app.

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